

Earning Income through selling vegetables from Kitchen Garden

My name is Lingamma. I live in Muddalapuram village in Kuderu mandal. My husband had passed away few years back. I have a daughter and a son. After my husband had died, we have stopped cultivating our land as I am unable to raise investment. We have left the land fallow. Earlier we used to grow plenty of vegetables in our farm along with Groundnut crop. So we used to give good nutrition to our children. Now it is not the case as I earn my livelihood by labour work.

AF is actively working in my village and I have taken membership in the labour group formed by AF. They have supplied Vegetable seeds and encouraged me to grow vegetables in Back yard of my house. So I started raising kitchen garden with 10 varieties of vegetables. I watered them by carrying water from nearby bore well and also applied Jeevamritam now and then. Within 6 months, I have got plenty of vegetables and greens which I started sharing with my neighbours. My son had suggested me to try selling vegetables. I tried and found that it is very profitable to sell vegetables. I have decided to make living out of it.



I have improved my kitchen garden further and started selling vegetables in surrounding villages. I earn more than Rs 2000/- per month from vegetables grown from my kitchen garden. My children eat more vegetables now. I preserve seeds and share them with my neighbours. Now I live happily with dignity.